

Neurosequential Model of Therapeutics

Better insights. Better outcomes.

Arizona's Children's Association provides the Neurosequential Model of Therapeutics (NMT) in partnership with Dr. Bruce Perry and the ChildTrauma Academy.

NMT provides the structure to best recognize experiences that have impacted a child's developing brain. The goal of NMT is to provide an assessment of the child, determine primary problems, identify key strengths and apply interventions in a way that will help family, educators, and therapists to best meet the needs of the child.

By targeting deficits within the brain by utilizing NMT's brain mapping, clinicians are better equipped to identify more effective therapeutic, environmental, and relational treatment approaches.

DEVELOPMENTAL	
Functional	
12	DEVELOPED
11	TYPICAL RANGE
10	
9	EPISODIC/EMERGING
8	MILD Compromise
7	
6	PRECURSOR CAPACITY
5	MODERATE Dysfunction
4	
3	UNDEVELOPED
2	SEVERE Dysfunction
1	

Functional Brain Maps & Key

Client, 6 years old

4	1	3	1	1	1
7	8	4	2	3	2
3	2	5	3	3	3
	7	3	3	5	
	4	4	5	10	
		10	4		
		4	9		
		6	6		

Typical 6 to 7 year old

7	7	7	7	7	7
9	10	9	7	7	8
8	9	10	10	8	10
	10	9	9	10	
	9	11	10	8	
		12	10		
		12	12		
		11	12		

Services include:

- A comprehensive initial consultation
- Clinical summary that highlights all developmental, medical, and historical data
- Initial NMT Metric that emphasizes the client's unique brain map
- Professional staffing with external providers to review metric recommendations and implementation
- Family consultation to review metric components
- Follow-up metrics available
- Additional services (including therapy) may be available upon request

Please send all referrals to ReferralsBH@Arizonaschildren.org

We are Arizona's best resource for helping children and families!

For more information, visit us online at www.ArizonasChildren.org

NMT - External Referrals

Information Needed for External Referrals:

<input type="checkbox"/>	Updated Face Sheet
<input type="checkbox"/>	Medication Sheet - Current
<input type="checkbox"/>	Progress Notes - Past 3-6 Months
<input type="checkbox"/>	Psychiatric Progress Notes - Past 3-6 Months
<input type="checkbox"/>	ADHS-DBHS Annual Update / Part E Assessment
<input type="checkbox"/>	Psychiatric Evaluation
<input type="checkbox"/>	Complete Comp Assessment / ADHS-DBHS General Assessment & Any Addendum
<input type="checkbox"/>	Release of Information From Referring Agency - With Guardian Signatures
<input type="checkbox"/>	Current ISP / Treatment Plan (Identifying NMT CM & Family Therapy Without Client Present)
<input type="checkbox"/>	Child & Adolescent Service Intensity Instrument (CASII)
<input type="checkbox"/>	Crisis Plan, If Applicable
<input type="checkbox"/>	Strength, Needs & Culture Discovery (SNCD), If Applicable
<input type="checkbox"/>	IEP/504 Plan – Psychological Notes
<input type="checkbox"/>	Insurance Cards
<input type="checkbox"/>	Birth Certificate
<input type="checkbox"/>	Notice to Provider, If Applicable
<input type="checkbox"/>	PCP Information

Arizona's Children Association, changing the way Arizona practices trauma-informed care.

Billing Codes - T1016

Case Management (8-12 x monthly)
Assessment by Non-Physician (2 x quarterly)
Family therapy without client (2-6 x quarterly)
Family therapy with client (2-4 x quarterly)

Individual therapy depends on age (2- 4 x quarterly)
Individual Living Skills, if there is an implementation specialist assigned – (8-12 x monthly)
Transportation over 25 miles

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