

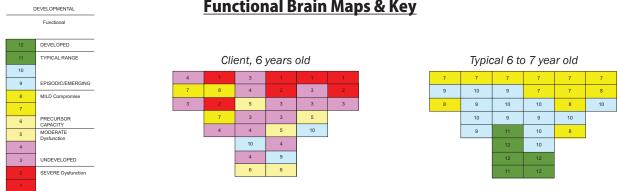
# **Neurosequential Model of Therapeutics**

# Better insights. Better outcomes.

Arizona's Children Association provides the Neurosequential Model of Therapeutics (NMT) in partnership with Dr. Bruce Perry and the ChildTrauma Academy.

NMT provides the structure to best recognize experiences that have impacted a child's developing brain. The goal of NMT is to provide an assessment of the child, determine primary problems, identify key strengths and apply interventions in a way that will help family, educators, and therapists to best meet the needs of the child.

By targeting deficits within the brain by utilizing NMT's brain mapping, clinicians are better equipped to identify more effective therapeutic, environmental, and relational treatment approaches.



# **Functional Brain Maps & Key**

## **Services include:**

- A comprehensive initial consultation
- Clinical summary that highlights all developmental, medical, and historical data •
- Initial NMT Metric that emphasizes the client's unique brain map •
- Professional staffing with external providers to review metric recommendations and implementation
- Family consultation to review metric components •
- Follow-up metrics available
- Additional services (including therapy) may be available upon request

## Please send all referrals to ReferralsBH@Arizonaschildren.org

We are Arizona's best resource for helping children and families! For more information, visit us online at www.ArizonasChildren.org

# **NMT - External Referrals**

#### **Information Needed for External Referrals:**

Updated Face Sheet
Medication Sheet - Current
Progress Notes - Past 3-6 Months
Psychiatric Progress Notes - Past 3-6 Months
ADHS-DBHS Annual Update / Part E Assessment
Psychiatric Evaluation
Complete Comp Assessment / ADHS-DBHS General Assessment & Any Addendum
Release of Information From Referring Agency - With Guardian Signatures
Current ISP / Treatment Plan (Identifying NMT CM & Family Therapy Without Client Present)
Child & Adolescent Service Intensity Instrument (CASII)
Crisis Plan, If Applicable
Strength, Needs & Culture Discovery (SNCD), If Applicable
IEP/504 Plan – Psychological Notes
Insurance Cards
Birth Certificate
Notice to Provider, If Applicable
PCP Information

# Arizona's Children Association, changing the way Arizona practices trauma-informed care.

#### **Billing Codes - T1016**

Case Management (8-12 x monthly) Assessment by Non-Physician (2 x quarterly) Family therapy without client (2-6 x quarterly) Family therapy with client (2-4 x quarterly) Individual therapy depends on age (2- 4 x quarterly) Individual Living Skills, if there is an implementation specialist assigned – (8-12 x monthly) Transportation over 25 miles

#### Please send all referrals to ReferralsBH@Arizonaschildren.org

We are Arizona's best resource for helping children and families! For more information, visit us online at **www.ArizonasChildren.org**